



Low Radiation 3D Mammography - Frequently Asked Questions

Let us answer your questions about Low Radiation 3D Mammography which is available at our facility. We've prepared this short Q & A to provide you with information.

What is a Low Radiation 3D Mammography breast exam?

Low Radiation 3D Mammography is a revolutionary new screening and diagnostic tool designed for early breast cancer detection that can be done in conjunction with a traditional 2D digital mammogram.

During the 3D part of the exam, the X-ray arm sweeps in a slight arc over your breast, taking multiple breast images. Then, a computer produces a 3D image of your breast tissue in one millimeter slices, providing greater visibility for the radiologist to see breast detail in a way never before possible. They can scroll through images of your entire breast like pages of a book. InHealth Imaging has added a new low radiation component to its 3D technology, called C-View, which means that now our 3D radiation levels are lower than conventional mammography.

The 3D images make it possible for a radiologist to gain a better understanding of your breast tissue during screening and the confidence to reduce the need for follow-up imaging.

What are the benefits of 3D mammography breast exams?

3D mammography, as utilized at InHealth Imaging, has been shown to detect 40-50% more invasive cancers leading to earlier detection and a greater range of

treatment options, including less aggressive surgery.

What is the difference between a screening and diagnostic mammogram?

A screening mammogram is your annual mammogram that is done every year. Sometimes the radiologist may ask you to come back for follow-up images which is called a diagnostic mammogram to rule out an unclear area in the breast or if there is a breast complaint that needs to be evaluated. Low Radiation 3D Mammography reduces anxiety and the need for call-backs. In addition, patients report Low Radiation 3D Mammography is more comfortable than standard 2D digital mammography.

What should I expect during a 3D mammography exam?

3D mammography complements standard 2D mammography and is performed at the same time with the same system. There is no additional compression required, and it only takes a few seconds longer for each view.

Who can have a Low Radiation 3D Mammogram?

Low Radiation 3D Mammography is approved for all women undergoing a standard mammogram, in both the screening and diagnostic settings. Most private insurances cover 100% for annual screening mammograms. At InHealth Imaging there are no additional fees for Low Radiation 3D Mammography.

Please call **360/598-3141** to schedule your annual screening mammogram appointment at InHealth Imaging. For additional information, please visit our website at **www.inhealthimaging.com** or scan the QR Code at right.

